

# The Benefits of Auriculotherapy and Postural Neurostabilisation for Fertility

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## Summary:

The desire to have a child can be a great cause of suffering for couples with fertility problems. This study of 12 cases reveals that the well-reasoned use of a combination of postural neurostabilisation and auriculotherapy, along with the use of acupuncture, can help the couple to overcome this difficult situation.

**Key words:** infertility- neurostabilisation- acupuncture- posturology- auriculotherapy

This is a study on female patients who wish to start a family and who have had difficulties procreating.

The average waiting time with no results is 27 months.

The average age of patients is 36 years old

This is a study on 12 patients, of which 5 are planning on using IVF

## Patient-relayed History

My first question is always: “*Why do you want to have a child?*”

It is essential to know if the couple has a deep inner desire rather than being under pressure for family, society or other sources.

Is there a place for a baby? Do they smoke? Do they work reasonable hours? Do they share the same living space?

Does the baby have a place among the other siblings, if there are any?

What does the word *love* mean to them?

These questions, which may seem prying or out of place in a consultation are actually essential to establish a clear, trusting relationship with the couple that wants a child.

They also help, on some not so rare occasions, to initiate a dialogue between the partners themselves, who become aware of issues that are sometimes masked by the initial request which has become an obsession.

#### Auriculotherapy:

The aims are, of course,

- To regulate ovulation and the menstrual cycle
- To improve the fertile mucous membrane
- To develop follicles
- To reduce stress

#### Postural Neurostabilisation:

The aims of postural neurostabilisation are

- To improve blood circulation in the organs in the pelvic cavity
- To stabilise the uterus for implantation
- To improve the alignment of the endometrium
- To relax the cervix

The Czech doctor Jonaz observed that women were only fertile if their ovulation corresponded with the lunar phase of their birth.

The moon does indeed form the pattern of a woman's ovulatory and hormonal cycle, and physiological ovulation occurs in the same lunar phase as their birth.

I therefore asked several patients to check the lunar calendar for their date of birth in order to match the lunar day of their birth with that of the current month.

NM = new moon

FM = full moon

LD = lunar day (30 lunar days)

The new moon corresponds to Lunar Day 0, the Full Moon corresponds to Lunar Day 15, etc.

To our great surprise, this worked in three of my patients (reality or placebo effect?).

#### Auriculotherapy:

A session of treatment is scheduled every 28 days during the period of ovulation.

- Point O' interhemispheric commissure with ASP, treatment with Premio 30 in stimulation mode until the VAS disappears
- The epiphysis point using quick insertion and withdrawal of the needle or with Premio 32 frequency A or G until the VAS disappears
- Point O ASP or Premio 30 in stimulation mode
- Genital point (in front of the antitragus) LH or FSH, Premio 30 in stimulation mode or ASP
- Superficial cervical plexus (SCP) point, ASP or Premio 30 in stimulation mode

- The Shen Men, optic Theralight F98 frequency F, the same treatment on the uterus point

ASP until drop around 8 to 10 days

### Postural Neurostabilisation:

A complete postural assessment is performed.

Then the treatment leads to:

- The stabilisation of the pelvic cavity
- The re-balancing of somites from dorso-lumbar roots (uterus, pelvic cavity and annexes)

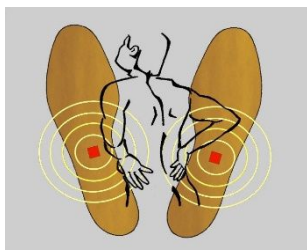
Pelvic osteopathy is used if necessary.

The consequences of this are better implantation in all cases (natural or assisted pregnancy), and better dilation of the cervix during labour.

These are all major points!

For embryo transfer, acupuncture with TCM just for embryo transfer.

*N.B. Postural neurostabilisation is performed by wearing insoles containing a Medeltech neurostabiliser*



Needles or Premio 30 in stimulation mode except for GV 20

- Stomach 36 (S36)
- Spleen 6 (Spl 6)
- Liver 3 (L3)
- Large intestine (Li 4)
- Kidney 3 (K3)
- Governing Vessel (GV20) we may also use the optic frequency G filter G32 as well as Premio 30 in dispersion mode.

### Results:

Over 6 years, 8 pregnancies were carried to full term, 4 failures across 12 patients.

### Conclusion

Auriculotherapy and postural neurostabilisation, in combination, are powerful tools for treating infertility and accompanying patients throughout all of the phases of IVF.

**Editor's Note**

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